



(Short Professional Profile)

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Personal Profile

- A passionate and experienced academician and researcher, in addition to being a friendly and articulate communicator, my unique abilities support a good and pleasurable rapport with students, enhancing both our learning abilities.
- CSR Consultant
- ICF –Certified Executive Coach from Ericson International, Vancouver, Canada and mentoring a few social sector start-ups.
- Certified Neuro Linguistic Program (NLP) Trainer
- Dale Carnegie Certified Trainer
- MTI (UK) certified Trainer
- Certified Heartfulness Meditation Trainer
- Cherie Blair Foundation Mentor

Education

- Ph. D in Business Management from Mysore University (Thesis was based on CSR)
- MBA (HR) from Indira Gandhi National Open University, New Delhi, with a first class.
- M.Sc. (By Research) in Biotechnology from Tata Memorial Hospital, Mumbai University.
- B. Sc. (Microbiology) from Mumbai University. (First Class).

Professional Summary

- Worked in prestigious institutions like Tata Memorial Hospital Mumbai, CFTRI Mysore, University of Mysore, Christ University, Bangalore
- 20 + years of teaching experience.
- 8 years as a behavioural trainer, L&D specialist and business coach
- 10 years of research experience in science as well as management field.
- 8 years of entrepreneurial experience
- 3 years of research work in a corporate hospital.

Current Engagements

- Founder and Chief Mentor, **Transformations Unlimited**
- Mentor for Women Entrepreneurs at Cherie Blaire Foundation
- Coach and Mentor for 5 start-ups
- Professor for Management and CSR
- Executive Coach
- NLP Practitioner.
- Behavioural and soft skills training consultant
- CSR Consultant
- POSH consultant, trainer and external committee member in a few organizations in Mysore and Bangalore.

Previous Positions Held

- Professor and Director, GSSS Centre for PG Studies and Research, Mysore.
- Assistant Director, Centre for Research, Christ University, Bangalore.
- Professor, Dept. Of Management Studies, Mahajana PG Centre, Mysore
- Associate Professor, MBA department, Vidya Vikas Institute of Management Studies, Mysore.
- Guest Faculty at B.N. Bahaddur Institute of Management Sciences, University of Mysore (MBA and PGDHRM)
- Guest Faculty at Administrative Training Institute, Mysore
- Guest Faculty at Vivekananda Institute of Leadership Development, Mysore

Professional Memberships

- Executive Committee Member, National Institute of Personnel Management (NIPM), Mysore Chapter
- International Association of Facilitators
- L&D, Bangalore Chapter
- Mysore Chairperson for ALL-WEF
- Certified trainer and CSR consultant empanelled with the Centre for Responsible Business, New Delhi.
- Ex Executive committee member, Greater Mysore Management Association
- Member, Academy of Management – special interest group on Management, Spirituality and Religion.

International Nominations, Session Chair, Papers Presented/Published

- Nominated as member of International Committee for International Symposium on Business and Social Sciences held in Bangkok in July 2013.
- Session Chair at International Conference on Change Management and Development Perspectives held in association with **Edinburgh Napier University** at School of Management, Manipal, Karnataka, Jan 2015 and National Conference on HR held at Christ University in Feb. 2012
- Presented papers in several National and International Conferences notable among which are papers presented in Vienna, Austria, IIM-Bangalore and IIM – Ahmedabad and Christ University
- Several Workshops Conducted and Talks Given

Skills

- Passionate and dedicated teacher and researcher.
- Excellent communication skills, both oral and written. – Multilingual proficiency.
- Demonstrated ability to work well in a fast-paced environment
- People centric – take great pleasure in bonding with people from diverse cultural backgrounds.

Life Enhancing Activities

- A spiritual activist – Heartfulness Meditation trainer and practitioner.
- A professional performing Bharata Natyam artiste (Student of Smt. Vyjayanthimala Bali) having performed in India and abroad.
- Represented India as a member of the Rotary Club Group Study Exchange (GSE) team to Mexico in 1993.
- Have played the Veena for several years and have given a number of performances in Mumbai.
- Dance, Music, Yoga, Meditation, Reading, Gardening
- Trekking (Notable treks being Valley of Flowers, 7day trek in Himalayan foothills, Gomukh in Himalayas and many more).
- Travelling (extensively in India and to more than 40 countries)